

TOASTS

SERVED ON THICK CUT ORGANIC SOURDOUGH OR GLUTEN FREE BAGEL (\$3)

DELUXE AVO \$15

SMASHED AVO, ARUGULA, FETA, SUNDRIED TOMATOES AND TOPPED WITH 2 POACHED EGGS*

EGG SALAD \$11

HARDBOILED EGGS MASHED WITH CAPERS AND A CREAMY DILL AIOLI. TOPPED WITH A LIL PICKLE (TRY IT WITH BACON +\$3)

KINDA LIKE A BLT \$11

CREAM CHEESE AND BACON TOPPED WITH ARUGULA, FETA, AND SUNDRIED TOMATO (TRY WITH 2 POACHED EGGS* +\$3)

BACON BUTTER JAM \$13

HOUSEMADE TOMATO JAM, BACON, AND BUTTER TOPPED WITH 2 POACHED EGGS* AND SPINACH

SWEET ALMOND BUTTER \$12

ALMOND BUTTER, BANANA, AND STRAWBERRIES FINISHED WITH A MAPLE DRIZZLE

THE ELVIS \$13

ALMOND BUTTER, BACON, BANANA, TOPPED WITH CINNAMON AND A MAPLE DRIZZLE - ELVIS APPROVED

SMOKED SALMON \$16

SMOKED SALMON* ON A BED OF SPINACH AND CREAM CHEESE. TOPPED WITH PICKLED RED ONION, CAPERS, LEMON, AND DILL

SIMPLY AVO \$8

SMASHED AVO TOPPED WITH CHILI FLAKES (TRY WITH 2 POACHED EGGS* AND BACON +\$6)

SANDWICHES

CHOICE OF ORGANIC SOURDOUGH, BAGEL OR GLUTEN FREE BAGEL (\$3)

BREAKFAST SANDWICH \$15

BAKED EGG PATTY, SMASHED AVO, MELTED HAVARTI CHEESE, ARUGULA. CHOICE OF BACON OR TURKEY. SERVED WITH HOUSEMADE TOMATO JAM OR CHOLULA AIOLI

TURKEY TOASTY \$12.5

SLICED TURKEY BREAST, MELTED HAVARTI CHEESE, ARUGULA, PESTO AND HOUSE-MADE TOMATO JAM

THE TUBA \$17

BACON, TURKEY, AVOCADO, MELTED HAVARTI CHEESE, ARUGULA, AND DIJON MUSTARD

BACON, EGG, AND CHEESE \$11.5

CRISPY BACON, HAVARTI CHEESE, BAKED EGG PATTY, CHOICE OF TOMATO JAM OR CHOLULA AIOLI

HOUSE BAKED

BACON BREKKIE CALZONE \$8

PIZZA DOUGH STUFFED WITH BACON, EGG, SPINACH, MOZZARELLA, SIDE OF HOUSE-MADE TOMATO JAM GET A CALZONE AND COLD BREW FOR ONLY \$10

VEGGIE BREKKIE CALZONE \$7

PIZZA DOUGH STUFFED WITH EGG, SPINACH, MOZZARELLA, SIDE OF HOUSE-MADE TOMATO JAM GET A CALZONE AND COLD BREW FOR ONLY \$10

CHOCOLATE CHIP COOKIE \$3

HOUSE-MADE BROWN BUTTER CHOCOLATE CHIP COOKIE, WITH A TOUCH OF SEA SALT

BANANA BREAD \$4

HOUSE-MADE CHOCOLATE CHIP BANANA BREAD WITH CINNAMON CRUMBLE TOP

BOWLS

YOGURT BOWL \$14

8 OZ OF GREEK YOGURT TOPPED WITH GRANOLA, BLUEBERRIES, STRAWBERRIES, TOASTED COCONUT, AND A DRIZZLE OF HONEY

PROTEIN BOWL \$17

TURKEY AND A POACHED EGG* ON A BED OF SPINACH, AND ARUGULA, TOPPED WITH SMASHED AVO, PICKLED RED ONION, SUNDRIED TOMATO, AND FETA

SAVORY OATS \$10

OATS, SPINACH, MELTED CHEESE, BACON, POACHED EGG*

SWEET OATS \$7

OATS, CHOPPED APPLES, TOPPED WITH CINNAMON AND BROWN SUGAR

STRAWBERRY FETA SALAD \$13

SPINACH, ARUGULA, STRAWBERRIES, FETA, PECANS, AND HONEY LEMON VINAIGRETTE

ACAI BOWL \$13.5

ACAI, COCONUT MILK, BANANA, STRAWBERRY, BLUEBERRY, TOPPED WITH TOASTED COCONUT, GRANOLA, AND HONEY

ADD ONS

ADD POACHED EGG* \$1.50 EA

CAGE-FREE POACHED EGG

ADD BACON \$3

2 SLICES OF CRISPY BACON

ADD AVOCADO \$2

SCOOP OF SMASHED AVO

ADD SMOKED SALMON* \$5

2 OZ SMOKED SALMON

SIDE OF EGG SALAD \$6

ADD TURKEY \$3

COFFEE

LATTE	\$6
DOUBLE SHOT OF ESPRESSO, WITH 8 OZ OF STEAMED MILK. ICED OR HOT	
CAPPUCCINO	\$5.75
DOUBLE SHOT OF ESPRESSO, 6 OUNCES OF STEAMED MILK, COCOA POWDER	
FLAT WHITE	\$5.75
DOUBLE SHOT OF ESPRESSO, 6 OUNCES STEAMED MILK, NO FOAM	
CORTADO	\$5
EQUAL PARTS DOUBLE SHOT ESPRESSO AND STEAMED MILK	
MACCHIATO	\$3.75
DOUBLE SHOT OF ESPRESSO, SCOOP OF STEAMED MILK ON TOP	
ESPRESSO	\$3
DOUBLE SHOT, MEDIUM ROAST, ETHIOPIAN/HONDURAN BLEND	
AMERICANO	\$4
DOUBLE SHOT OF ESPRESSO AND 10 OZ HOT WATER	
DRIP	\$4
HOUSE BREWED, MEDIUM ROAST, GUATEMALAN/HONDURAN BLEND SERVED IN A 12OZ CUP	
COLD BREW	\$5
HOUSE BREWED, MEDIUM ROAST, ETHIOPIAN BLEND	
CAFE AU LAIT	\$4.5
6OZ HOUSE BREWED DRIP COFFEE 6OZ STEAMED MILK	
RED EYE	\$5.5
HOUSE DRIP COFFEE WITH DOUBLE SHOT ESPRESSO 240 MG CAFFEIN - NOT FOR THE FAINT OF HEART	

MATCHA & TEA

MATCHA LATTE	\$7
CEREMONIAL MATCHA, MILK OF CHOICE ICED OR HOT	
CHAI LATTE	\$7
CHAI CONCENTRATE, CHOICE OF MILK ICED OR HOT	
LONDON FOG	\$6
EARL GREY TEA, STEAMED MILK OF CHOICE, BROWN SUGAR VANILLA SYRUP	
ROO BRU LATTE	\$7
ROOBRU, HONEY, MILK OF CHOICE ICED OR HOT	
ICED TEA	\$4
BLACK, MINT GREEN, HIBISCUS (CAFFEINE FREE)	
LOOSE LEAF TEA	\$4
ENGLISH BLACK, EARL GREY, MINT GREEN, PEPPERMINT*, GOLDEN LIGHT*, CHAMOMILE MEDLEY* (CAFFEINE FREE*)	

MILKS

NO UPCHARGE FOR ALTERNATIVE MILK
2% MILK
OAT, ALMOND, CASHEW
HOUSE MADE NUMILK, NO GUMS, NO FILLER INGREDIENTS

SYRUPS

HOUSEMADE	\$1
BROWN SUGAR VANILLA	
TOASTED COCONUT	
LAVENDER	
MAPLE	
HONEY	
SALTED ROSEMARY HONEY	
CARAMEL	
MOCHA	
1883 MAISON ROUTIN SYRUP	
SUGAR FREE VANILLA	
HAZELNUT	

SMOOTHIES

STRAWBERRY BANANA	\$9
A CLASSIC STRAWBERRY AND BANANA WITH CHOICE OF MILK. ADD PROTEIN +2	
ROOBRU FRAPPE	\$10
ROOBRU COFFEE ALTERNATIVE, BANANA, ALMOND BUTTER AND CHOCOLATE. ADD PROTEIN POWDER +2	

CAFFEINE FREE

HOT COCOA	\$4
CHOCOLATE SAUCE AND STEAMED MILK OF CHOICE	
LEMONADE	\$5
HOUSE-MADE FRESH SQUEEZED	