

## ON BREAD

CHOICE OF ORGANIC SOURDOUGH, PLAIN OR EVERYTHING BAGEL  
GLUTEN FREE BAGEL +3

**DELUXE AVO** \$13.95

SMASHED AVO\*, ARUGULA\*, FETA, SUNDRIED TOMATOES  
TOPPED WITH 2 POACHED EGGS^

**EGG SALAD** \$10.5

HARDBOILED EGGS MASHED WITH CAPERS AND A  
CREAMY DILL AIOLI. TOPPED WITH A LIL PICKLE

**KINDA LIKE A BLT** \$11

CREAM CHEESE AND BACON TOPPED WITH  
ARUGULA\*, FETA, AND SUNDRIED TOMATO

**BACON BUTTER JAM** \$13

HOUSEMADE TOMATO JAM\*, BACON, AND BUTTER TOPPED  
WITH 2 POACHED EGGS AND MICROGREENS\*

**SWEET ALMOND BUTTER** \$10.5

ALMOND BUTTER\*, BANANA\*, AND STRAWBERRIES\*  
FINISHED WITH A MAPLE DRIZZLE\*

**THE ELVIS** \$11

ALMOND BUTTER\*, BACON, BANANA\*, TOPPED WITH  
CINNAMON AND A MAPLE DRIZZLE\* - ELVIS APPROVED

**SMOKED SALMON** \$16

SMOKED SALMON^ ON A BED OF SPINACH\* AND CREAM  
CHEESE. TOPPED WITH THINLY SLICED RED ONION\*,  
CAPERS, LEMON\*, AND DILL

**SIMPLY AVO** \$7.5

SMASHED AVO\* TOPPED WITH CHILI FLAKES

## BETWEEN BREAD

CHOICE OF ORGANIC SOURDOUGH, PLAIN OR EVERYTHING BAGEL  
GLUTEN FREE BAGEL +3

**BREAKFAST SANDWICH** \$12.5

CLASSIC BACON, EGG, AND CHEESE WITH ARUGULA AND  
CHOICE OF TOMATO JAM OR CHOLULA AIOLI

**TURKEY PANINI** \$12.5

SLICED TURKEY BREAST, MELTED HAVARTI CHEESE,  
ARUGULA, AND PESTO

**GRILLED CHEESE** \$8.5

SOURDOUGH\* AND MELTED CHEESE WITH A SIDE OF  
HOUSEMADE TOMATO JAM

## IN A BOWL

**SAVORY OATS** \$9

OATS\*, SPINACH\*, MOZZARELLA, BACON, POACHED EGG^

**SWEET OATS** \$6

OATS\*, CHOPPED APPLES, TOPPED WITH CINNAMON AND  
BROWN SUGAR

**DELUXE AVO SALAD** \$13

SPINACH\*, ARUGALA\*, SMASHED AVO, RED ONION,  
SUNDRIED TOMATO, FETA, OLIVE OIL, POACHED EGG^

**STRAWBERRY FETA SALAD** \$10.5

SPINACH\*, ARUGALA\*, STRAWBERRIES\*, FETA, PECANS,  
HONEY LEMON VINAIGRETTE

**ACAI** \$12.5

ACAI\*, COCONUT MILK, BANANA\*, STRAWBERRY\*,  
BLUEBERRY\*, TOPPED WITH TOASTED COCONUT\*,  
GRANOLA, AND HONEY\*

## CALZONES

**BACON BREKKIE CALZONE** \$8

PIZZA DOUGH STUFFED WITH BACON, EGG, SPINACH\*,  
MOZZARELLA, SIDE OF HOUSE-MADE TOMATO JAM

**VEGGIE BREKKIE CALZONE** \$7

PIZZA DOUGH STUFFED WITH EGG, SPINACH\*,  
MOZZARELLA, SIDE OF HOUSE-MADE TOMATO JAM

**CHICKEN CALZONE** \$7

PIZZA DOUGH STUFFED WITH SHREDDED CHICKEN,  
MOZZARELLA, SIDE OF HOUSE-MADE TOMATO JAM

## PASTRY

**CHOCOLATE CHIP COOKIE** \$2.95

HOUSE-MADE BROWN BUTTER CHOCOLATE CHIP  
COOKIE, WITH A TOUCH OF SEA SALT

**BANANA BREAD** \$3.95

HOUSE-MADE CHOCOLATE CHIP BANANA BREAD  
WITH CINNAMON CRUMBLE TOP

## ADD ONS

**ADD POACHED EGG^** \$2

CAGE-FREE POACHED EGG

**ADD BACON** \$3

2 SLICES OF THICK CUT BACON

**ADD AVOCADO** \$2

SCOOP OF SMASHED AVO

**ADD SMOKED SALMON^** \$5

2 OZ SMOKED SALMON

**SIDE OF EGG SALAD** \$5.95

**ADD TURKEY** \$3

\*ORGANIC INGREDIENTS

^ CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF  
FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS

## COFFEE

<b>LATTE</b>	<b>\$6</b>
DOUBLE SHOT OF ESPRESSO, WITH 8 OZ OF STEAMED MILK. ICED OR HOT	
<b>CAPPUCCINO</b>	<b>\$5.75</b>
DOUBLE SHOT OF ESPRESSO, 6 OUNCES OF STEAMED MILK, COCOA POWDER	
<b>FLAT WHITE</b>	<b>\$5.75</b>
DOUBLE SHOT OF ESPRESSO, 6 OUNCES STEAMED MILK, NO FOAM	
<b>CORTADO</b>	<b>\$5</b>
EQUAL PARTS DOUBLE SHOT ESPRESSO AND STEAMED MILK	
<b>MACCHIATO</b>	<b>\$3.75</b>
DOUBLE SHOT OF ESPRESSO, SCOOP OF STEAMED MILK ON TOP	
<b>ESPRESSO</b>	<b>\$3</b>
DOUBLE SHOT, MEDIUM ROAST, ETHIOPIAN/HONDURAN BLEND	
<b>AMERICANO</b>	<b>\$4</b>
DOUBLE SHOT OF ESPRESSO AND 10 OZ HOT WATER	
<b>DRIP</b>	<b>\$4</b>
HOUSE BREWED, MEDIUM ROAST, GUATEMALAN/HONDURAN BLEND SERVED IN A 12OZ CUP	
<b>COLD BREW</b>	<b>\$5</b>
HOUSE BREWED, MEDIUM ROAST, ETHIOPIAN BLEND	
<b>CAFE AU LAIT</b>	<b>\$4.5</b>
6OZ HOUSE BREWED DRIP COFFEE 6OZ STEAMED MILK	
<b>RED EYE</b>	<b>\$5.5</b>
HOUSE DRIP COFFEE WITH DOUBLE SHOT ESPRESSO 240 MG CAFFEIN - NOT FOR THE FAINT OF HEART	

## SYRUPS

HOUSEMADE	<b>\$1</b>
<b>BROWN SUGAR VANILLA</b>	
<b>TOASTED COCONUT</b>	
<b>LAVENDER</b>	
<b>MAPLE</b>	
<b>HONEY</b>	
<b>SALTED ROSEMARY HONEY</b>	
<b>CARAMEL</b>	
1883 MAISON ROUTIN SYRUP	
<b>SUGAR FREE VANILLA</b>	
<b>HAZELNUT</b>	
<b>MOCHA</b>	

## TEA

<b>LOOSE LEAF TEA</b>	<b>\$4</b>
ENGLISH BLACK, EARL GREY, MINT GREEN, PEPPERMINT*, GOLDEN LIGHT*, CHAMOMILE MEDLEY* (CAFFEINE FREE*)	
<b>ICED TEA</b>	<b>\$4</b>
BLACK, MINT GREEN, HIBISCUS (CAFFEINE FREE)	
<b>MATCHA LATTE</b>	<b>\$7</b>
CEREMONIAL MATCHA, STEAMED MILK OF CHOICE ICED OR HOT	
<b>CHAI LATTE</b>	<b>\$7</b>
HOUSE-MADE CHAI CONCENTRATE, CHOICE OF MILK ICED OR HOT	
<b>LONDON FOG</b>	<b>\$6</b>
EARLY GREY TEA, STEAMED MILK OF CHOICE, BROWN SUGAR VANILLA SYRUP	
<b>ROO BRU LATTE</b>	<b>\$7</b>
ROOBRU, HONEY, MILK OF CHOICE ICED OR HOT	

## MILKS

<b>NO UPCHARGE FOR ALTERNATIVE MILK</b>
<b>2% MILK</b>
<b>OAT, ALMOND, CASHEW</b>
HOUSE MADE NUMILK, NO GUMS, NO FILLER INGREDIENTS

## SMOOTHIES

<b>STRAWBERRY BANANA</b>	<b>\$9</b>
A CLASSIC STRAWBERRY AND BANANA WITH CHOICE OF MILK. ADD PROTEIN +2	
<b>ROOBRU FRAPPE</b>	<b>\$10</b>
ROOBRU COFFEE ALTERNATIVE, BANANA, ALMOND BUTTER AND CHOCOLATE. ADD PROTEIN POWDER +2	

## CAFFEINE FREE

<b>HOT COCOA</b>	<b>\$4</b>
THICK CUT SOURDOUGH, SMASHED AVO, ARUGULA, FETA, SUNDRIED TOMATOES, POACHED EGG	
<b>LEMONADE</b>	<b>\$5</b>
HOUSE MADE FRESH SQUEEZED	
<b>COOL AND CALM</b>	<b>\$5</b>
CHAMOMILE TEA, LAVENDER SYRUP, LEMON JUICE, SPARKLING WATER	